



PREPARE YOUR STAY AT ENS DE LYON



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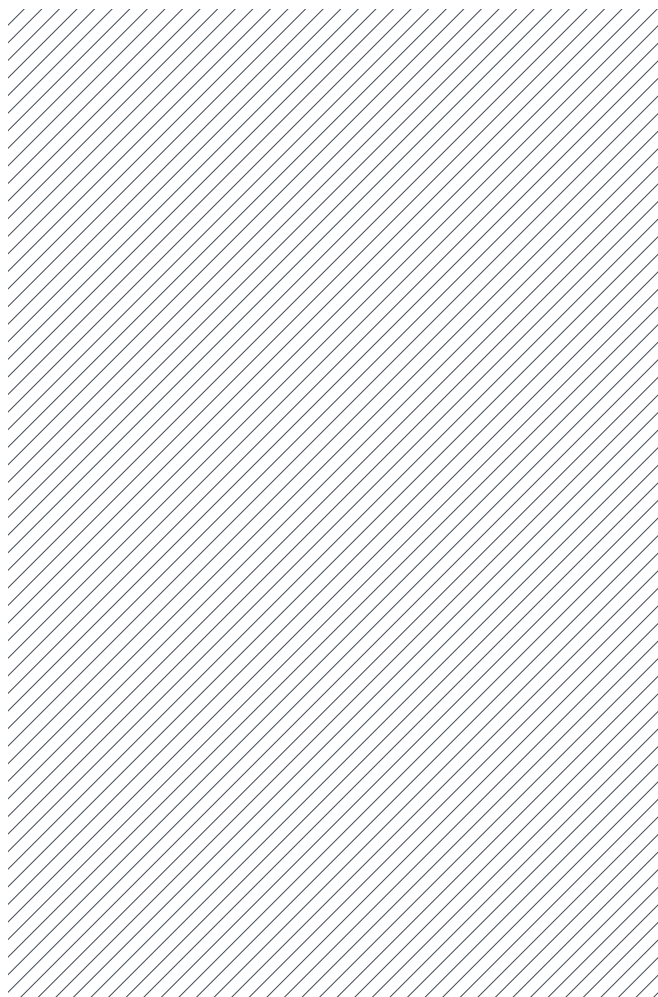
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WELCOME

We congratulate you on being one of the few students selected to study at the ENS de Lyon, which aims at offering a high-level education to excellent students, supported by internationally recognized research laboratories. Located in Lyon, a dynamic city in the heart of Europe, with an intense cultural life and a rich history, our campus offers a quality environment for our students to flourish and succeed in their studies. When you join us, you will also have access to a rich student life thanks to the many student associations and social, sports or cultural activities proposed throughout the year. This guide has been prepared to give you all the practical information you may need to prepare your arrival at the ENS de Lyon. Additional information about the city of Lyon and our campus will be available in the welcome booklet you will receive upon your arrival.

We look forward to welcoming you soon,

Philippe Maurin, Director of International Affairs



THE OFFICE OF INTERNATIONAL AFFAIRS (DAI)¹

The Office of International Affairs (DAI) promotes, coordinates and implements the international policy of ENS de Lyon and aims at:

- increasing ENS de Lyon's outreach on the international scene, by assisting the implementation of the communication policy and promotion of ENS de Lyon;
- ensuring the monitoring of developments in research and training on an international level;
- developing and coordinating partnerships on an international level (training and research);
- fostering, managing and promoting both inbound and outbound mobility (for students, teachers-researchers, administrative staff, etc.);
- leading and assisting the implementation of international project;
- coordinating activities with internal and external partners.

The DAI is located on the ground floor of D2 building, Descartes campus (see p. 7).

● **International Student Office:**

Élodie MEYNARD (Manager)

Nadine DONGUY (Incoming mobility)

international@ens-lyon.fr

student.exchange@ens-lyon.fr (for exchange students)

ASSET

ASSET is the student association for international students. The students take part to our Welcome Week and help our international students in their first steps at ENS de Lyon. With this Student Mentor program, they can assist you for administrative formalities. ASSET also proposes different events all year long.

A flurry of student associations plays a key part in ENS de Lyon's campus life, whether in the fields of culture, arts, sport or humanitarian action.

See the website :

<http://www.ens-lyon.fr/en/campus-life/student-life/student-associations>

* "Direction des Affaires Internationales" in French

PRIOR TO YOUR DEPARTURE

GETTING ADMITTED

Students from around the world can come to ENS de Lyon either as part of an exchange program, through ENS de Lyon's competitive entrance exam or based on their academic record. They can apply for a Master's program, enroll in a PhD or carry out an internship in one of ENS de Lyon's laboratories. Study programs are tailored to students' individual needs and various scholarships can help them fund their stay in France.

LANGUAGE PROFICIENCY

Proficiency in French and/or English is required to be accepted to ENS de Lyon.

Contact your department for more information on specific conditions.

For Masters' students:

<http://www.ens-lyon.fr/en/studies/student-information/applicants-what-are-language-requirements>

LANGUAGE COURSES

The Language center offers classes for beginner, intermediate and advanced students in English, French as Foreign Language, and also other languages.

International students have access to French as Foreign Language Courses all along the year, depending on their level.

<http://centredelangues.ens-lyon.fr/>

FINDING ACCOMMODATION

3 types of accommodation will be available for our international students.
Please check your email to have more information on this regard.

ENS DE LYON HOUSING

ENS de Lyon has 2 student residences on its campus. ENS de Lyon can accommodate around 500 students in its halls of residence, each of them having a watchman.

Different types of accommodation available: bedrooms, 3, 4 or 5 rooms apartments, with rent ranging from €300 to €450.

In addition to the rental fee, a security deposit equivalent to one month's rent is required when the keys are handed over. This deposit will be returned to the resident at the end of the academic year, after deduction of any damage or delay in payment.

Residents need to take out rental liability insurance for their accommodation within the residence.

Please note that you cannot choose your room: the Housing Office will indicate the type of room that has been assigned to you and the number of your room when you arrive.

More details (equipment, services, practical information and photos) about the **Debourg Residence of Monod's campus** at:

<http://www.ens-lyon.fr/en/campus-life/accommodation/debourg-residence>

More details about the **Bonnamour Residence of Descartes' campus** at:

<http://www.ens-lyon.fr/en/campus-life/accommodation/bonnamour-residence>

Please note that the residences are not equipped with:

- **bed linen (sheets, blankets, pillows);**
- **cooking utensils.**

Access to computer resources is activated upon enrolment at ENS de Lyon through the provision of a personal access code and password. The connection to a personal computer is established using a straight RJ45 cable (not provided).

CROUS DE LYON HOUSING

CROUS is the acronym of Centre Regional des Oeuvres Universitaires et Scolaires (Regional centre for university and scholarly works). The CROUS has 27 university residences in Lyon and in its greater vicinity.

ENS de Lyon has a an agreement with Crous for international students : Master's students will have access to CROUS residences.

OTHER OPTIONS

Students can opt for other alternatives:

- to be hosted by a French family in Lyon: www.expats-lyon.com;
- to live in an intergenerational cohabitation: <http://www.esdes-intergenerations.net/> and "Le Pari Solidaire Lyon";
- flatshare: <https://www.appartager.com/>

OBTAINING A VISA

You do not need a visa if:

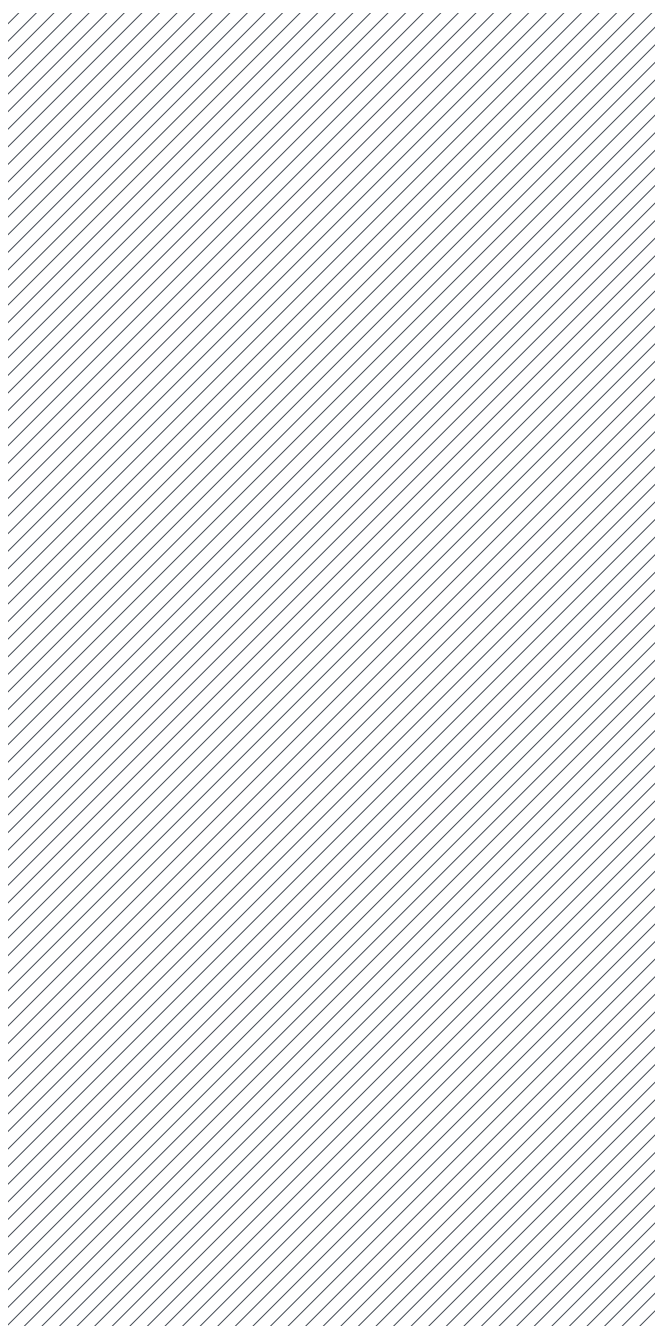
- you are a European citizen (European Economic Area, European Union),
- you are from the following countries: Switzerland, Iceland, Lichtenstein, Norway, Andorra, Monaco, The Republic of San Marino, The Vatican City.

In any other case, as regulations may change at any time, please refer to information given by the French embassy or consulate in your home country.

Applicate at the consulates or embassies of France in your home country at least 3 months before departure.

Contact:

<https://france-visas.gouv.fr/en/home>



PREPARING FOR DEPARTURE

Before you leave, check the following:

WELCOME DAYS

Upon your arrival, a full Welcome Week will be organized especially for international students: courses in French as a foreign language (depending on your level), cultural activities, administrative information... All you need to know for a perfect start at ENS de Lyon.

This Welcome Week (free of charges) will take place at the end of August. We ask you to arrive before the beginning of this event **to take full advantage of the Welcome Week**.

More information will be send by email regarding exact dates.

BUDGET

You will need at least €700-800 per month to live decently in Lyon. For the first month, you may need more than €1000 to meet expenses related to your arrival.

Be sure to have enough cash in euros, or a way to access funds from a bank machine, to pay for your initial costs such as tuition fees (except for exchange students), home insurance, transportation, food, housing, furnishing...

An idea of the cost of living in Lyon:

- Rhônexpress (https://www.rhonexpress.fr/en_GB/): express tram between Lyon Saint-Exupéry airport and Lyon city center. €15,20 single ticket (online price) and €10 for people under 25 years old (online price);
- Subway - Tramway - Bus:
 - Ten-tickets book (valid on the bus, tramway, subway): €15,40 for people under 25 years old and students between 26 and 27 years old. Regular price: €18
 - Monthly subscription: €25 for people between 18 and 25 years old and students between 26 and 27 years old. Regular price: €66,40.
- Food: about €300 per month;
- A meal for one at the CROUS restaurants: 3,30€;
- A 250g stick of French bread: €1 on average;
- A ticket to go to the cinema: €6 or €7 (independent theatre student price);
- High-speed inter-city train ("TGV" in French) from Lyon to Paris: €60 if you have a card reserved for young students, which also costs €50 a year for subscription. You can buy online "Prem's" tickets which are much cheaper, but it is a good idea to plan your trip three months in advance. You can also use the Ouigo high-speed train service, which usually operates from/to remote train stations but at a more affordable price (starting price from Paris – Marne-la-Vallée to Lyon – Saint Exupéry: €10).

COMMUNICATION

Make sure you can use your mobile phone or have sufficient means to purchase calling credits in France.

Also, check if your phone is compatible with French SIM cards.

WEATHER

Lyon has a temperate climate. Temperatures and rainfall vary with the seasons. For more information: www.meteofrance.com.

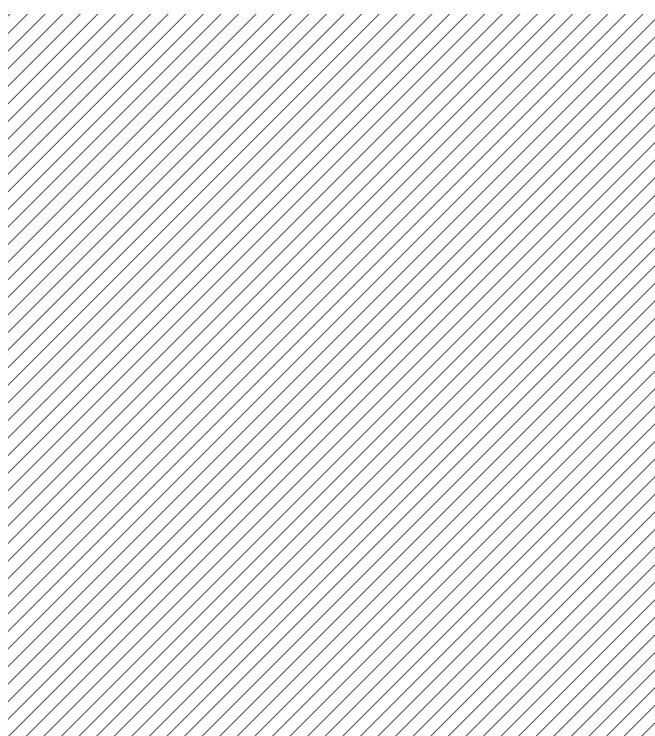
WHAT TO PACK

TENTATIVE LIST OF DOCUMENTS TO BRING WITH YOU (ORIGINALS WHENEVER IT'S POSSIBLE):

- passport or national ID card (for EU citizens);
- birth certificate (for non-European citizens, bring the original and a French translation by a sworn translator in France or the Embassy of France in your home country);
- health insurance certificate (EU citizens will need their European Health Insurance Card; students from Quebec will need form SE401Q102bis or SE401Q106);
- health records (in case of serious illness) and your original medical prescription, as well as a French version made by your doctor for people following a particular medical treatment;
- proof of financial resources (scholarship certificate, bank statement...);
- French Immigration and Integration Bureau (OFII) form received from the French consulate (for non-EU citizens);
- letter of acceptance to ENS de Lyon;
- proof of residency in France;
- diplomas and transcripts (originals translated into French or English).

ITEMS TO BRING WITH YOU:

- power adaptors (for your phone, computer, etc.),
- bed linen and towels,
- bilingual dictionary,
- suitable clothing,
- laptop, other devices and their chargers.



UPON ARRIVAL

HOW TO GET TO LYON

BY PLANE

Lyon – Saint-Exupéry international airport (46 international and 32 national connecting flights) is less than an hour drive from Lyon.

It can easily and quickly be reached via the Rhônexpress:

https://www.rhonexpress.fr/en_GB/

- Departure: every 15 minutes
- Duration: 30 minutes
- Cost: €15,20 per person or €10 for people under 25 years old (online prices)

BY TRAIN

– From Paris Roissy – Charles de Gaulle airport or Paris Gare de Lyon train station to Lyon Part-Dieu or Lyon Perrache train stations: 30 high-speed trains daily (two-hour journey);

– From Marseille: 1 hour and 40 minutes.

<https://www.sncf-connect.com/>

You may also want to use the Ouigo high-speed train service, which usually operates from/to remote train stations but at a more affordable price (starting price from Paris – Marne-la-Vallée to Lyon – Saint Exupéry: €10).

<https://www.ouigo.com/>

BY BUS

A broad range of destinations at very affordable prices:

– Megabus: <http://freu.megabus.com/>

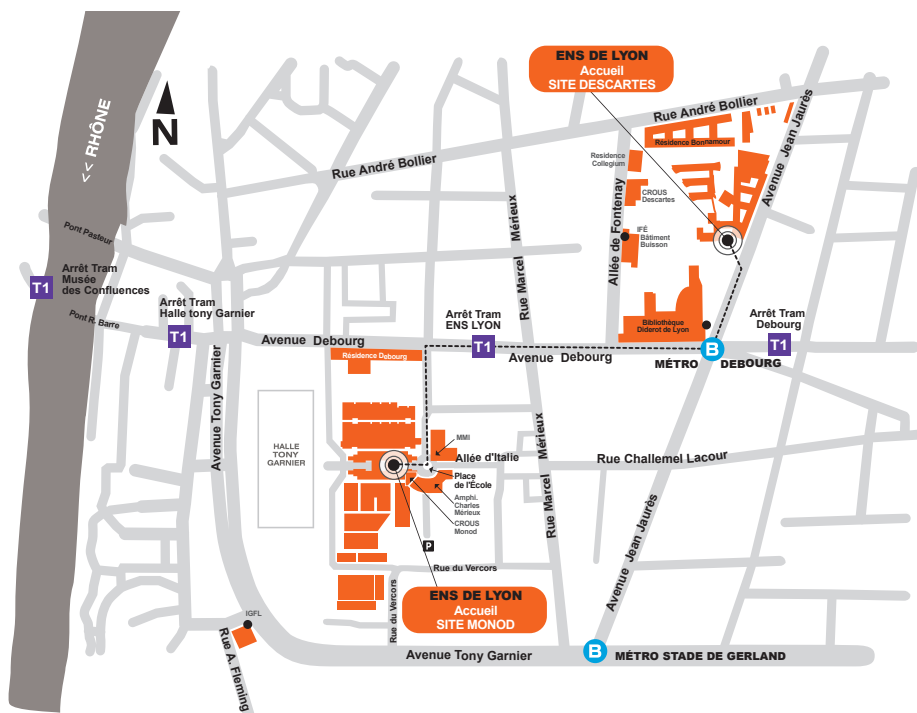
– Flixbus: <https://www.flixbus.fr/>

– IDBus: <https://www.sncf-connect.com/bus>

GO TO ENS DE LYON

ENS de Lyon is located in the Gerland area of the 7th district of Lyon, near the Pasteur bridge on the left bank of the Rhône.

- René Descartes site
15 parvis René Descartes, 69007 Lyon
Tel. N°: (04 37 37) 60 00
- DIDEROT DE LYON LIBRARY
1 parvis René Descartes, 69007 Lyon
Reception
- FERDINAND BUISSON BUILDING
19 allée de Fontenay, 69007 Lyon
Tel. N°: 04 26 73 11 00
- JACQUES MONOD SITE
46 allée d'Italie, 69007 Lyon
Tel. N°: (04 72 72) 80 00
- IGFL SITE (Institut de Génomique Fonctionnelle de Lyon)
32-34 avenue Tony Garnier, 69007 Lyon
Reception/Security (PC Sécurité)
Tel. N°: 04 26 73 13 00



Descartes Site Reception

Kantor Theater and

Descartes Amphitheater

D1 Presidency, Administration

D2 Descartes Amphitheater, teaching areas, VP Studies and Studies services

D3 Artemisia (Artemisia Gallery, ENS Media, Accountancy Office)

D4 Research laboratories

D5 Bonnamour Residence

D6 Institut d'Études Avancées de Lyon Residence

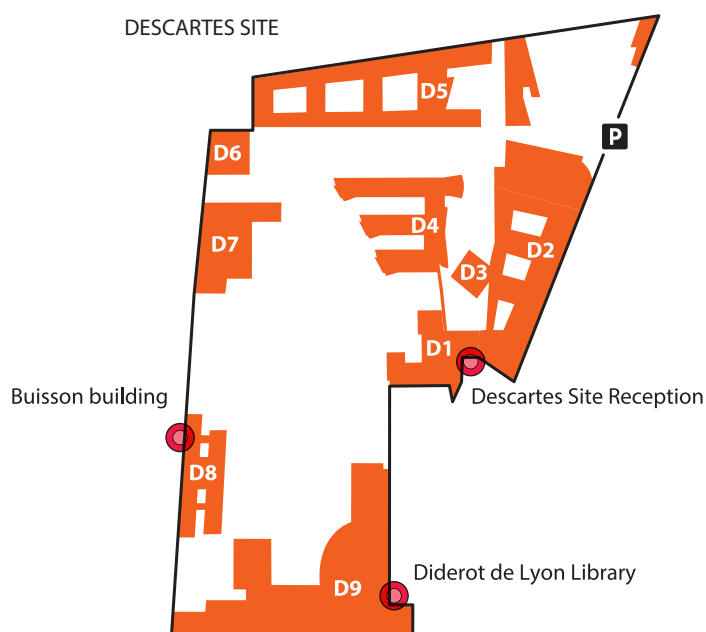
D7 University restaurant

D8 Buisson building (Institut français de l'Éducation, ENS Éditions, ENS Éditions bookshop, Administration)

D9 Diderot de Lyon Library

P Parking access

reserved access



Monod Site Reception

MGN1 VP Research, Administration, research laboratories, Library, Persée

MGN2 et **MLE** Teaching areas

M1 à **M10** Research laboratories

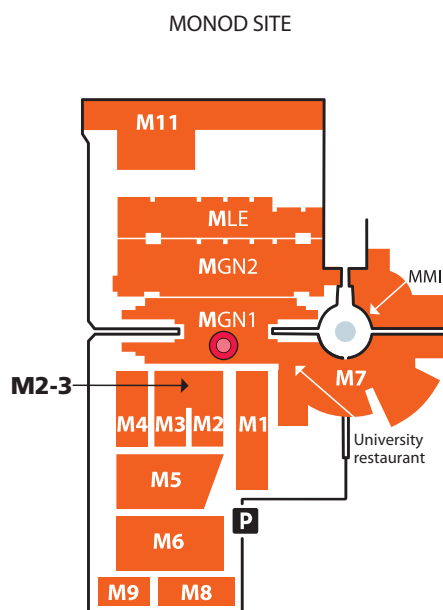
M11 Debourg Residence and gymnasium

Access from ENS de Lyon's main square:

Mérieux Amphitheater, MMI, "Place de l'École" meeting room, University restaurant

P Parking access

reserved access



M10



PUBLIC TRANSPORTATION

From Lyon – Saint-Exupéry airport: take the Rhônexpress tram to the Part-Dieu train station, then change to the subway (line B), take a train for "Gare d'Oullins" and get off at the "Debourg" station.

From the Part-Dieu train station: take the subway (line B) for "Gare d'Oullins" and get off at the "Debourg" station.

From the Perrache train station: take the tram (line T1) to either "ENS Lyon" (for Monod site) or "Debourg" (for Descartes site).

<https://www.tcl.fr/>

You can also use the transport app "Citymapper" which will help you find the best route through the Lyon transportation network to your destination.

REMINDER

The Welcome Week takes place at the end of August. Thank you for arriving a few days before, as indicated in our emails, to take full advantage of this event. During those days, you will be helped by our dedicated teams to have the perfect start at ENS de Lyon, regarding all information below for administrative formalities.

FINALIZE YOUR ACCOMMODATION

To rent housing, you need to provide:

- housing insurance (that covers fire and water damage) including civil liability insurance;
- a surety bond from your guarantor (except for students on campus residence of ENS de Lyon). The guarantor is the person who agrees to pay your rent if you are unable to do so. The guarantor must be a French resident and be creditworthy. International students who do not have a guarantor can use the rent guarantor scheme called Visale (www.visale.fr);
- a security deposit equivalent to at least one month's rent. The deposit will be returned to you if there are no damages to your housing unit and if you have paid your rent and charges; (please note: do not close your bank account before all your fees are accounted for!)
- an inventory of fixtures at check-in and check-out;
- signature of a tenancy agreement drawn up by the landlord.

The agreement must state the duration of the lease, the rental price and the terms of payment. Pay close attention to the rent specified in the agreement: this may or may not include rental charges.

For residences at ENS de Lyon: the contract is concluded between the installation date and July 7, 2023.

No extension is possible beyond this date.

HOUSING ALLOWANCE

CAF (Caisse d'Allocations Familiales) is a family benefits organization. As a student renting an apartment in France, you are eligible for housing allowance (called "Aide Personnalisée au Logement" or "APL") on conditions (please refer to the website below). The amount depends on the location of the apartment, its surface area and your income.

Caisse d'Allocations Familiales

67 boulevard Vivier Merle – 69409 Lyon Cedex 03

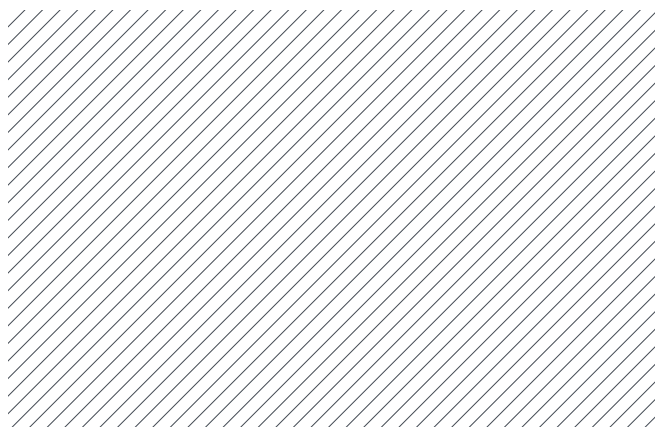
<https://www.caf.fr/>

REGISTER AT ENS DE LYON

More information will be given at your arrival by the International Student Team.

If you are a Master's student, you will have to register online.

If you are an exchange student (participating in an exchange program), you will be helped on this matter. Please note that you don't have to pay neither registration fees nor CVEC (the Student Life and Campus Contribution).



BANK ACCOUNT

If you plan on staying in France for a long period of time, we recommend that you open a French bank account for several reasons:

- avoid paying charges, especially if the currency of your country is not the Euro;
- be able to benefit from the National Health Scheme;
- own a payment card ("carte bancaire").

If needed, bank agencies also provide housing insurance for students.

HOW TO OPEN A BANK ACCOUNT IN FRANCE?

To make an appointment, go directly to a bank agency.

Bring:

- your passport,
- your visa,
- a proof of residence,
- an admission letter established by ENS de Lyon.

Usually, opening a bank account for a relatively short period of time is free. However, prices depend on the bank agency.

WARNING: do not forget to close your account when leaving France.

GET YOUR HEALTH INSURANCE

HEALTHCARE SYSTEM

In France, international students are covered by the French social security system, often referred to as "la sécu".

Social security includes health insurance, which reimburses part of your medical expenses. You are responsible for paying the rest, unless you have taken out complementary health insurance, known in French as a "mutuelle".

HEALTH INSURANCE

• You are an EU student

You need to submit to the French Health Care System your European Health Insurance Card (EHIC) covering the period of your studies in France.

In this case, you are excused from joining the French student system.

You don't need to register online.

- **You are a non-EU student and study in France:**

- For more than three months: you will need to obtain health insurance coverage (compulsory and free). You need to register at: <https://etudiant-etranger.ameli.fr/#/> whatever your age is. In order to register for social security (CPAM), you will be given information by the International Student Office to prepare your application;
- For less than three months: you must be covered by your home country's health insurance or by a private insurance with the detailed guarantees translated into French or English.

European health insurance cardholders cannot sign up for student social security: you must obtain the European Health Insurance Card from your Social Security Office or provide detailed proof of private health insurance coverage (translated into French or English) and valid for the duration of your stay in France.

If you are from Quebec, you do not need to sign up for student social security. However, you must present the form SE401Q106 to the Primary Health Insurance Fund (CPAM), which will give you a document to present when receiving healthcare services. Your medical expenses will be reimbursed by the CPAM.

COMPLEMENTARY INSURANCE

For better coverage of your medical expenses, you can take out a complementary insurance. You can choose between different student insurances such as:

- SMERRA: <https://smerra.fr/>
- LMDE: <https://www.lmde.fr/>
- ADH: <https://www.assurances-etudiants.com/>
- HEYME: <https://heyme.care/fr>

OBTAIN YOUR RESIDENCE PERMIT

Depending on your visa status, you may need to apply for a residence permit upon arrival.

Usually, if you have a 3 months VCS short-stay visa or a six-month visa you are not concerned by this procedure. Long-stay visas (between 6 and 12 months) usually serves as a residence permit but you have three months from your date of arrival in France to validate it.

WARNING: you have three months to make arrangements for your residence permit. If you don't respect the procedure, you will be considered as an illegal resident.

MULTISERVICE UNIVERSITY CARD

ENS de Lyon is a member of the ComUE Université de Lyon, which brings together most of the higher education institutions of Lyon.

All staff and students of the member institutions of the ComUE have a multiservice card called Izly card. You will be given this card when you enroll at ENS de Lyon. This card can be used to:

- enter the premises of ENS de Lyon;
- pay for food and drinks at the CROUS university restaurants and cafeterias;
- borrow documents from the libraries.

For specific problems with your Izly money card, please contact the Student Welfare Office (CROUS) directly:

assistance-izly@crous-lyon.fr

Please note that, after printing your card, you will need to wait 48h to receive an activation email, at your @ens-lyon.fr address.

INTERNET AND EMAIL

All ENS de Lyon students have access to the Internet through their personalized account.

Once your registration is complete, you can access your account directly using your student email address: `firstname.familyname@ens-lyon.fr`.

This account also enables you to access ENS de Lyon's intranet portal. Do not forget to check your account regularly since all the administrative departments will contact you through this address.

THANKS

Many thanks to everyone who helped put this practical guide together.

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